



2020 INFORMATION SHEET

The Committee and coaches would like to WELCOME all members to SEACLIFF

COACHES 2020

TINIES:	Michelle Simpson & Shannon Gaffney
SUB JUNIORS:	Alicia Symonds & Alannah Cox
JUNIORS:	Megan Simpson & Kaytie Hosking
INTERMEDIATES:	Sheriden Milam
SENIORS:	Sheriden Milam & Kim Maxwell
HEAD COACH / LIAISON:	Sue Edward
SKILLS SYLLABUS:	Sue Edward & Michelle Gaffney



Seacliff Calisthenics
Seacliff Community Recreation
Association Inc., Yacca Road,
SEACLIFF. Phone: 8296 4995 (Club)
P.O. Box 455, BRIGHTON SA 5048
Enquiries:
Phone:
Annette Simpson on 0409 094 977
E-mail:
secretary@seacliffcalisthenicsclub.com.au
Website:
seacliffcalisthenicsclub.com.au



AGES

All ages must be as at 31 December 2020.

TINY TOTS:	3 to 5 years
TINIES:	5 to 7 years
SUB JUNIORS:	8 to 10 years
JUNIORS:	11 to 13 years
INTERMEDIATES:	14 to 17 years
SENIORS:	18 years & over

PRACTICE TIMES (may be subject to change) THURSDAY NIGHT CLASSES

TINY TOTS:	4.00 - 5.00 pm
TINIES:	4.30 - 6.00 pm
SUB JUNIORS:	5.30 - 7.30 pm
JUNIORS:	6.00 - 8.00 pm
INTERMEDIATES:	6.30 - 8.30 pm
SENIORS:	8.00 - 10.00 pm

Times will be adjusted once teams are set in place. Members are required to arrive at least 10 minutes before the lesson. No one is to enter the practice rooms until their lesson commences. Viewing nights for parents will be advised during the year. Closer to the competitions a Royalty Theatre and some extra practices will be organised for all teams.

2020 FEE STRUCTURE:

A membership fee of **\$115** which covers CASA Registration, Insurance, Building Levy and associated costs is payable upon registering or no later than **30 January 2020**. **All membership forms are to be submitted online via the website.**

Seacliff Calisthenics 2020 Fees:

	<u>Annual Fees</u>	<u>Costume (estimated)</u>
TINY TOTS (Non COMPETITIVE)	\$350	\$ 70
TINIES (COMPETITIVE)	\$400	\$100
SUB JUNIORS	\$450*	\$140
JUNIORS	\$460*	\$220
INTERS	\$470*	\$270
SENIORS	\$470*	\$300 (Seniors based on all items)

* FEES ARE BASED ON A 2HR LESSON. SHOULD THIS INCREASE FEES MAY BE ADJUSTED ACCORDINGLY

Family Discount

A \$20 discount will apply to the 2nd and subsequent child. The eldest child is the primary member and discount to apply to younger siblings only.

Government Sports Vouchers

The SA Government Sports Voucher program administered by the Office for Recreation and Sport provides an opportunity for children from Reception to Year 7 to receive a \$100 Government contribution towards sports membership/registration fees. Vouchers can be submitted at the desk.

Payment Terms & Options

Payment of annual fees and the estimated costume component is required 28 days from the date of signing the 2020 member agreement or via payment plan which is split over 25 instalments. The club's payment terms for all other invoices will be 28 days from the date of the invoice. Payments can be made via EFT, Cash or Card (no additional charges for using credit card).

BSB 015220 Account #230561057 Account Name: SCRA/Calisthenics. Reference please use Surname and Initial.

COSTUME ACCOUNTS

Each section will use Club leotards where possible and this will incur a hire fee. All costume costs will be kept to reasonable limits, with costume accounts invoiced separately. Members are required to pay the estimated costume component within 28 days of being invoiced or via payment plan of 25 instalments. The final balance will be invoiced once costumes have been finalised. All costume accounts **MUST** be paid in full before the State Competitions commence.

TEAMS

Each team will be allocated a Team Manager who will liaise between you and the coach. If you have any questions regarding your team, dress code and conduct etc. please first go through your Team manager who will liaise with the Committee and/or Coach. Each team will also be allocated a Costume Co-Ordinator who will organise and advise you of costuming. Please be aware that this is a team sport and when selected in a team all members will be required to compete in both the May comps & State Championships.

MAY/JUNE COMPETITION ITEMS

Competitions commence early May and finish approximately early June. All sections compete at this time with the exception of Tinies. This is a "Black Leotard" competition which is hired from the Club.

SUB JUNIORS: March / Rods / Cali Revue

INTERMEDIATES: Exercises / Rods / Dance Arrangement

JUNIORS: Clubs / Exercises / Character Folk

SENIORS: March / Clubs / Rhythmic Interpretation

STATE CHAMPIONSHIPS (JULY/AUGUST/SEPT)

TINY TOTS (Non Competitive) March, Exercises, Choice of Song & Dance/Aesthetic/Song & Action or Character Folk

TINIES (Competitive) March, Exercises, Rods, Character Folk

SUB JUNIORS March, Exercises, Rods, Clubs, Rods & Cali Revue

JUNIORS March, Exercises, Rods, Clubs, Aesthetic & Character Folk

INTERMEDIATES March, Exercises, Clubs, Rods, Rhythmical Aesthetic & Dance Arrangement

SENIORS March, Exercises, Clubs, Rhythmic Interpretation & Dance Rods

DRESS & CONDUCT

It is expected that all members will have:

- Hair must be in a bun or a neat ponytail with all hair off the face.
- Plain Black leotards are to be worn at all times.
- Black bike shorts, leggings, tights, black cross over tops or black fitted tops are also permitted. Please note leggings & tights must be either black or flesh in colour.
- Clothing must be clean and tidy with no offensive prints or designs.
- Bring all items required - e.g. clubs, rods, aesthetic skirt (if required) and a drink bottle of water.
- Please advise of non-attendance to lessons. (Club #8296 4995)



CLUB TRACKSUITS & POLO SHIRTS

Club tracksuits are a compulsory requirement and must be worn for all competitions, and are available to purchase through the Club. Tracksuit pieces can be purchased individually. Polo shirts are also available to purchase.

COMMUNICATIONS

Most communications will be via email and the Facebook page, however, from time to time notices will be given to girls, so please check their bags for these notices to ensure you are fully informed. Please notify the Secretary of any changes to your contact details including your email address. Competition dates and important events will be posted on our Facebook page and also on the website seacliffcalisthenicsclub.com.au or for further information please email us at secretary@seacliffcalisthenicsclub.com.au.

2020 SEACLIFF CALISTHENICS CLUB COMMITTEE (TBC)

PRESIDENT: ANNETTE SIMPSON

VICE PRESIDENT: MARGIE BLACKWOOD

TREASURER: PETER WICKHAM

SECRETARY: KATHY WILLSON

COMMITTEE: MARILYN DAFF, SUE EDWARD, CAROL PORTER, SAM LIMMER,
GAIL McALLISTER, HEATHER NORTH-PLENTY, HEATHER WUEST,
MELINDA FOSTER, HAYLEY ABBOTT, KATE McLEAN & NATHALIE PAICE